

UNIVERSAL CHANTING | LIVE FROM THE HEART

1 Govinda Jai Jai 6:42 *Traditional chant from India*

Govinda Jai Jai, Gopala Jai Jai [repeat twice]
Radha Ramanahari, Govinda Jai Jai [repeat twice]

This chant celebrates the union of Govinda (Krishna) and his companion Radha. Radha and Krishna represent the soul having connection with its Beloved.

2 Allah, Allah, Allah 7:06 *Unknown*

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The Arabic word for God is repeated in this chant. The origin is with the Dances of Universal Peace and the Sufi tradition. The musical interplay between Larry on flute and Eric on violin is sublime. The sound "Ah" is common in many faiths' name for God. Jesus spoke in Aramaic where the word *Allaha* means "God." *Alleluia* is "Praise God" in Christianity. Our wish is for all religions to live together in peace. Amen.

3 Only a Heart 4:50 *Amida Harvey*

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Hu Allah, Hu Allah, Hu Allah, Hu [repeat twice]
Only a heart with wings can fly [repeat twice]

Hu: The Ultimate Presence Beyond Any Form. Allah: God.
This chant is from the Dances of Universal Peace and is a favorite of ours.



Jon

4 Green Tara Mantra 8:07 *Traditional chant from India*

Om Tare Tu Tare Ture Swaha

Great devotion to the Mother Tara. She represents the energy of divine compassion in Tibetan Buddhism. This melody is said to come from the air in India. We started with the drones of the tamboura and harmonium. The women's voices then came. The rest of the instruments and the men's voices all joined together. The chant ends with the men's voices.

5 Somebody Prayed for Me 8:06 *Dorothy Norwood, Alvin Darling*

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Somebody prayed for me. They had me on their mind.

They took the time and prayed for me.

I'm so glad they prayed, I'm so glad they prayed, I'm so glad they prayed for me.
My mother. My father. My friends. My family. My teachers. The angels.

The prayer line. My nurses. Even strangers. Somebody.

This gospel song invites us to celebrate the grace of receiving healing prayers and the power of prayer in our lives. Mark originally heard it in a workshop with Ysaye Barnwell, who was kind enough to leave it on his voicemail so he could learn it. Dorothy wrote and recorded this song in 1991 after a healing she experienced.

6 Listen, Listen, Listen 6:48 *Paramahansa Yogananda*

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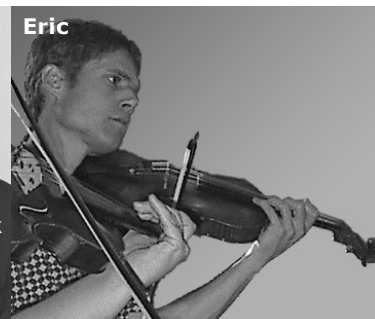
Listen, listen, listen to my heart's song. [repeat twice]

I will never forget you, I will never forsake you. [repeat twice]

This is a love song from God to all of us.



Mark



Eric

7 Fly Like Eagles 5:58 *Adapted from traditional Native American chant*

O ee h che chia ya. Oh-ee-i-o [repeat twice]

We all fly like eagles high up in the sky.

Circling the universe, on wings of pure light.

Where we walk is Holy, sacred is the ground,

Forest, mountain, ocean. Listen to the sound.

Breathe. Live. Listen. Sing. Work. Heal. Die. Love.

O ee h che chia ya. Oh-ee-i-o [repeat twice]

This chant reminds us that the Holy Spirit is present in all our endeavors, in all places, and at all times.

8 Wakan Tanka 5:27 *Adapted from traditional Native American chant*

Wakan Tanka, unshimala ye oyate wana o achenta [repeat twice]

Oh mother earth, please teach us to be humble.

Like you are when the feet of beings walk upon you.

Oh Great Spirit, be merciful upon us, that all people, we may live.

This Dakota Sioux chant tells us of our sacred relationship with nature and Great Spirit.



Larry

9 Sita Ram 7:16 *Krishna Das*

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Bajalo-ji Hanuman, Bajalo-ji Hanuman

Bajalo-ji Hanuman, Bajalo-ji Hanuman

Sri Ram Jai Ram Jai Jai Ram Om, Sri Ram Jai Ram Jai Jai Ram [repeat]

Sita Ram Sita Ram Sita Ram Sita Ram [repeat]

The lyrics say, "Beloved friend Hanuman. Victory to God, Great God. Praise Sita and Ram." In Hindu mythology, Hanuman is a being who is a pure servant of God's will. Hanuman can be seen as a manifestation of the Holy Spirit. Jesus said if we had faith we could move mountains. In the epic tale of Ram, called the *Ramayana*, Hanuman carries a mountain in his hand across an ocean and in the end reunites Ram and Sita. Sita is the divine beloved of the universe. Marcia joins Jon for the opening of this chant.

10 May the Words 7:41 *From the Bible Psalms 19:14*

Adapted from *Rivers of Babylon*, by Frank Farian, George Reyam, Brent Dowe, F. McNaughton. Used with permission. All rights reserved.

May the words of my mouth and the meditations of my heart be acceptable in thy sight. All ways, always, all ways, always.

Mark adapted this chant from a passage in a song performed by the reggae group The Melodians in the Jimmy Cliff movie and soundtrack, *The Harder They Come*.



Marcia